



This Duke of Edinburgh's Award (NSW Division) Coordinator Resource is to be used as a GUIDE ONLY. Given the nature of The Award and its broad scope, NSW Communities – Sport and Recreation cannot provide specific resources to meet the needs of each Participant, Assessor, Supervisor and Register Operator. It is not intended for this resource to be prescriptive and Registered Operators, Supervisors and Assessors must develop their own materials to match their needs. NSW Communities – Sport and Recreation will not be held liable or responsible for any loss, damage or other inconvenience caused as a result of the Registered Operator's, Supervisors and Assessors use of these materials.

This document should be read in conjunction with the National document "The Duke Of Ed Handbook" available at <http://www.theaward.com.au/Handbook.html> and the "NSW Division Supplement" available from [www.theaward.com.au/Resources-NSW.html](http://www.theaward.com.au/Resources-NSW.html).

## Adventurous Project Submission Duke of Edinburgh's Award (NSW Division)

### General Information

An Adventurous Project is one of the three types of Adventurous Journeys which may be undertaken (the others being Expeditions and Explorations). Adventurous Projects are only open to Gold Participants.

An Adventurous Project is one that does not quite conform to the specific requirements of an Expedition or Exploration, although its aim and ethos are the same. Such a Project may still be of an expeditionary or exploratory nature and is at least as demanding as an Expedition or Exploration, and is often significantly more demanding. Consequently, because of the extra innovation, creativity and challenge involved, Adventurous Projects are usually suited to those 18 years and over. It is also a venture that can be undertaken solo, rather than in a team. The Duke of Edinburgh's Award (NSW Division) requires submission of detailed plans for an Adventurous Project *at least three months* prior to the anticipated departure.

Please review the information below. The completed form is to be submitted to NSW Division by the Coordinator.

**Please note: The Duke of Edinburgh's Award (NSW Division) does not approve Adventurous Projects. NSW Division only determines the suitability of the Project with respect to meeting Award requirements. Responsibility for approval and assessment of the trip lies solely with the Registered Operator.**

Additionally, the very nature of Adventurous Projects means they require careful planning, preparation and training. Operators should ensure that Participants are sufficiently trained and prepared prior to undertaking an Adventurous Project.

The following tables give further information about Adventurous Project requirements and place them in context with Expeditions and Explorations, and provide comparative examples for each.

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## Types of Journeys

<b>Expedition</b> <i>A Journey with a purpose</i>	<b>Exploration</b> <i>A purpose with a journey</i>	<b>Adventurous Projects (Gold Only)</b>
<p>An Expedition is a venture which has journeying as its main component.</p> <p>The time will be spent on route finding, navigation, setting and packing up camp and tasks related to the purpose of the venture.</p> <p>The method of journeying used can include:</p> <ul style="list-style-type: none"> <li>• Bushwalking</li> <li>• Canoeing/Kayaking</li> <li>• Sailing</li> <li>• Four Wheel Driving</li> <li>• Cycle Touring</li> <li>• White Water Rafting</li> <li>• Horse Riding</li> <li>• Cross Country Skiing</li> </ul> <p>Preliminary Training should be undertaken so that participants are familiar with:</p> <ul style="list-style-type: none"> <li>• Planning and preparation</li> <li>• Navigation and route planning</li> <li>• Campcraft</li> <li>• Care of the environment</li> <li>• First Aid and Safety</li> <li>• Equipment use</li> <li>• Group Skills</li> <li>• Further training for the specific expeditioning mode</li> </ul>	<p>Participants have the additional option of undertaking an Exploration. An Exploration can follow the traditional style of expedition but the main focus is on investigation or research. The trip should involve some form of travel but the major proportion of time should be spent on the chosen aspect of study.</p> <p>At least 6 hours for Bronze and 10 hours for Silver and Gold per trip should be spent on travelling, and should include route finding and navigation.</p> <p>Exploration examples include:</p> <ul style="list-style-type: none"> <li>• Historical areas/topics</li> <li>• Photographic studies</li> <li>• Buildings of architectural interest</li> <li>• Impact studies – mining/tourism</li> <li>• Social &amp; Community services</li> <li>• Cultural or ethnic activities</li> <li>• Flora &amp; fauna studies</li> <li>• Orienteering, regaining &amp; caving</li> </ul> <p>Explorations require:</p> <ul style="list-style-type: none"> <li>• Enterprise and imagination in concept</li> <li>• Suitable theoretical &amp; practical training</li> <li>• Careful planning</li> <li>• Shared leadership and group responsibility and cooperation</li> <li>• Determination in execution</li> <li>• Notification to the SAO</li> </ul>	<p>This provides participants with even greater scope for imagination and enterprise for a trip in the expeditions section.</p> <p>Adventurous Projects (APs) should be initiated by the participants themselves and be their “brainchild”. The concept should be distinguished by boldness, imagination and enterprise. As in all ventures in the expeditions section, planning and preparation should be carried out by the participants themselves.</p> <p>APs are best suited to those between the ages of 18-25.</p> <p>APs must take place within the context of an expedition or exploration. Wild places, isolation, remoteness from habitation and the need for dependency on one's own resources are particularly important ingredients for a successful project. Appropriate training for the mode of transport and thorough preparation are essential.</p> <p>Participants must have the necessary level of skills and techniques to be able to cope with any demands made upon them, rather than their safety dependent upon adult intervention.</p> <p>Submissions should be made by the participants and forwarded through the Coordinator to NSW Division</p>

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## Examples of Adventurous Journeys

Expedition	Exploration	Other Adventurous Projects
<ul style="list-style-type: none"> <li>• Bushwalking at Barrington Tops</li> <li>• Sailing North and South Stradbroke Island</li> <li>• Cross country skiing Mount Hotham</li> <li>• 4WD central Australia</li> <li>• Horse Riding Girraween National Park</li> <li>• Canoeing Glenelg River</li> <li>• Hiking Cradle Mountain</li> <li>• Rafting Thompson River</li> <li>• Skiing Kosciusko</li> <li>• Hiking Kakadu</li> <li>• Cycling Dubbo/Wagga Wagga</li> <li>• Walking in Lane Cove National Park</li> </ul>	<ul style="list-style-type: none"> <li>• Mapped shipping wrecks for Scuba Diving Club</li> <li>• Exploration of old cemeteries in area</li> <li>• Experience and understand the language &amp; culture of Japan</li> <li>• Worked out the gliding &amp; thermal patterns around the Flinders Ranges &amp; made reference for public use</li> <li>• Plotted and piloted a return flight between Adelaide and Birdsville</li> <li>• Went to Central Australia and worked out nature tracks which were written up for the local tourism industry</li> <li>• Fiji – Photographic &amp; Comparative study</li> <li>• A participant in a wheel chair organised a 5 week trip to the UK</li> <li>• Field trip to West Africa to research the work of a chimpanzee rehabilitation project</li> </ul>	<p>One month involvement in a North Africa organisation that supports people with leprosy.</p> <p>A range of ventures might include:</p> <ul style="list-style-type: none"> <li>• The ascent of Himalayan peaks</li> <li>• Extended sailing expeditions</li> <li>• Journeying through deserts</li> <li>• Extended hot air ballooning</li> <li>• Flying/driving around Australia</li> <li>• Murray River Marathon</li> <li>• Extended cycle touring in remote location</li> <li>• Extended paddling trip – sea kayaking across Bass Strait</li> <li>• Or other overseas projects as appropriate</li> </ul>

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## **Adventurous Project – Suitability Submission**

To be completed and forwarded to Duke of Edinburgh's Award (NSW Division) for determination of suitability.

**Please note: The Duke of Edinburgh's Award (NSW Division) does not approve Adventurous Projects. NSW Division only determines the suitability of the Project with respect to meeting Award requirements. Responsibility for approval and assessment of the trip lies solely with the Registered Operator.**

Operator: \_\_\_\_\_ Coordinator: \_\_\_\_\_

### **Numbers of Participants involved:**

Total number of Participants involved: \_\_\_\_\_

\_\_\_\_\_ are direct entry Gold Participants

\_\_\_\_\_ Participants have previously completed Silver

\_\_\_\_\_ Participants have previously completed Bronze

### **Project Details**

**Participants to each complete this section (pages 4 to 6 below) and return to Coordinator**

Region of Project: \_\_\_\_\_

Project Purpose: \_\_\_\_\_

Departure Date: \_\_\_\_\_ Return Date: \_\_\_\_\_

Transport: - to and from Project Region: \_\_\_\_\_

- within Project Region: \_\_\_\_\_

Weather and Climatic Considerations: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

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Cultural considerations (including etiquette and language):

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Health and Medical considerations for Project (eg vaccinations, medications and other preparations):

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Emergency response (eg communication and contacts, evacuation strategies):

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Travel insurance arrangements (if applicable):

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Previous relevant training and/or experience: \_\_\_\_\_

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Trip preparation (training and experience): \_\_\_\_\_

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**Complete this section if Project is outside Australia:**

Date of departing Australia: \_\_\_\_\_

Date of arrival in Project Country: \_\_\_\_\_

Date of departing Project Country: \_\_\_\_\_

Date of return to Australia: \_\_\_\_\_

Total no of days outside Australia: \_\_\_\_\_ Total no of days in Project Country: \_\_\_\_\_

Cultural considerations: \_\_\_\_\_

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Local Embassy / Consular contact information: \_\_\_\_\_

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Travel documentation details (eg. visas, permits and passports): \_\_\_\_\_

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**Please include / attach the following supporting documents:**

- Detailed itinerary
- Maps
- Route plans (if applicable)
- Equipment list
- Food planning information
- Any further information you think may assist us in determining suitability

Signature of Senior Officer (eg Principal): \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Coordinator: \_\_\_\_\_ Date: \_\_\_\_\_

**Please note - by signing above the Coordinator warrants that all appropriate notifications / permissions regarding this proposed Journey have been received / authorised by parents and/or legal guardians.**

**Office Use**

Date received: \_\_\_\_\_

Requirements checked by: \_\_\_\_\_ Date: \_\_\_\_\_

Determined as suitable: YES / NO

NSW Executive Officer signature: \_\_\_\_\_ Date: \_\_\_\_\_