

# The P.R.E.S.S.

The official newsletter of The Duke of Edinburgh's Award in Victoria

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## New Gold Awardees

Congratulations to the following participants who have recently completed their Gold Awards:

Harini Amarasinghe  
Stephanie Anderson  
Vivienne Barber  
Elle Bartnik  
Luke Bates  
James Baudinette  
Emma Bellenger  
Michael Bradey  
Thomas Brian



## From our Chief Executive Officer... Graeme Kent

**It's three years  
away, BUT.....**

We are slowly heading towards The Awards 50th year of operation in Australia.

Yes, we commenced in Sydney in 1962 and the first Victorian Committee meeting was held in February 1963.

Along the way thousands of people, including you, have had an association with The Award, as participants, supporters, instructors, assessors and co-ordinators. Many expeditions have been undertaken, thousands of hours have been given in community service and of course, our young people have extended their skills and fitness.

To celebrate this milestone we are aiming to conduct a range of events to feature and commemorate our history, our work with young people and the value of The Award to the Victorian community.

Although 2011 seems a long way off, some activities we have in mind will take some planning and preparation, and for these, we need your assistance.

All the projects will need some initial thinking, white board planning and then the more detailed gathering of information, recruiting of project partners and event management. We are looking for people willing to research, plan events and fundraise, to help us out.

One idea we've had is to document our history, so we seek some people to start this research process. If you are interested or know of someone or a group of people who are happy to read old files, interview people who have been involved in The Award and document what they find, we would like to meet and start the process of recording our history.

If this is for you, or you have suggestions, please contact The Award office now and get involved in some real history in the making.

Thanks in anticipation, Graeme

**We would again like to acknowledge  
Roy Morgan for donating the cost of  
printing this publication.**

## Team Osteo in Thailand and Cambodia



In July, five New Zealand and four Australian based osteopaths traveled to Cambodia and Thailand with OzQuest, an Australian organization providing opportunity to do volunteer work overseas.

Whilst in Cambodia we spent time in the dump slums treating the local village people, some of whom pull around heavy carts of rubbish which they had collected to sell to make a living. It was very rewarding being able to provide treatment and ongoing stretches to the villagers for their aches and pains. It was heart wrenching to see the conditions in which some of the villagers live and the rubbish and monsoonal rain puddles that surrounded their small humble abodes.

One highlight of Thailand was working in an orphanage helping to assemble new bunk beds and tiling and painting some of the bedrooms. In the evenings we spent time in the orphanage after the children were home from school giving them osteopathic treatments. It was fascinating to note that on the second evening, it was the children who had already been treated on the previous day were the ones who came back for more.... they know what's good for them !

Overall it was a very rewarding experience for all. In between projects we had the opportunity for some sightseeing, including the amazing temples of Angkor Wat, elephant rides in northern Thailand as well as bartering at many markets including the famous ones in Bangkok.

For more information about future trips to Nepal, Thailand and Cambodia or to be placed on the update list please contact Nicola Blay at [Teamosteo@gmail.com](mailto:Teamosteo@gmail.com).



**Roy Morgan**  
— Research —

## Some bits to read, digest and share

A snippet of some important information.



Tee 1. FRONT VIEW



Tee 2. BACK VIEW

**Dukes Tees** Purchase an Award t-shirt and support disadvantaged young people through the FLARE project. These cool tees are available in *one design* and come in two colours (shown above). To order your t-shirt complete the form provided and send it to The Award Office.

### Adventurous Journey Ideas



#### The Award announces partnership with Kinglake Ranges Wilderness Camp

“Kinglake Ranges Wilderness Camp has been providing expedition preparation programs and facilitated expeditions for many years. We are regularly providing the expertise to prepare young Award participants for their adventurous journey component of the program.

#### Upcoming dates:

Jan 21-3  
2009

April 15-17  
2009

We provide reference materials to support the planning of the journey, we provide a variety of potential sites including maps and the parameters around which groups would need to work in order for us to provide sound logistical and emergency support. We also of course can provide all equipment to participants from backpacks, tents, sleeping mats, radio equipment, maps etc. Our qualified and experienced facilitators impart plenty of knowledge and coaching during the preparation phases and practice hike and they ensure the physical and emotional safety of the participants through to the completion of the final journey.” *KRWC*

- ▶ Year level camps in term time
- ▶ Award Bronze & Silver hiking programs in the holidays, any individual participants or groups are welcome, enquire about joining these programs at KRWC (03) 57865230

KRWC is located just north of Melbourne on the Great Dividing Range and provides a variety of camps to Melbourne school and youth organisations. Read more on their website [www.krwc.com.au](http://www.krwc.com.au)



### Our new partnerships will aid those looking for help with Adventurous Journeys

See over for a following of organisations that can help you complete your Adventurous Journey!

## Adventurous Journey Help is Here!

Dukes has established partnerships with the following organisations, which can offer and assess Adventurous Journey experiences to school groups, independents and anyone interested.

Check out their websites and give them a call to discuss your ideas and requirements:



### 1. The Cape Otway Lightstation

'The Lightstation Keeper Quest' programs offered to schools and community groups are a great Adventurous Journey option and a way to begin activities for the Skill section (eg, weather recording and forecasting).

[www.lightstation.com](http://www.lightstation.com)



### 4. Guides

Guides are now running the DoE, ask your local group or call the DoE office for information

[www.guidesvic.org.au](http://www.guidesvic.org.au)



OUTDOOR CENTRE

### 2. Rubicon Outdoor Centre

Outdoor education programs can meet various Award requirements. In 2009 anyone can register for a special DoE Adventurous Journey camp at Rubicon June 15-19. Call the DoE office for details

[www.rubicon.vic.edu.au](http://www.rubicon.vic.edu.au)

## OUTWARD BOUND

Inspiring Australians

### 5. Outward Bound

Outward Bound Aspiring Leaders Program

[www.outwardbound.org.au](http://www.outwardbound.org.au)



### 3. Bogong Outdoor Education Centre

Outdoor education programs can meet Adventurous Journey requirements.

[www.boec.vic.edu.au](http://www.boec.vic.edu.au)

## Award Partners and Supporters

- The Department of Education and Early Childhood Development
- Department of Victorian Communities- Sport and Recreation Victoria
- Douglas Workplace and Litigation Lawyers
- Friends of The Award
- Newsboys Foundation
- Outsports
- Rays Outdoors
- Roy Morgan Research
- Snowgum
- Latitude Global Volunteering

## Welcome Aboard

### The Duke of Edinburgh's Award:

Melton Christian College  
The Lakes P-9 School South Morang  
Mount Lilydale Mercy College  
The University of Melbourne  
Victory Christian College  
Yarram Secondary College

### The Compass Award:

Yuille Park Community College

Congratulations on becoming part of The Award. You join over 300 other Licenced Operators, and will be part of over 7,000 new Participants of The Award and its associated programs in Victoria.

## The Duke of Edinburgh's Award

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